



Coco Collection launches Summer Wellness residency programme

Coco Collection is excited to announce the wellness residency programme lined up at Coco Bodu Hithi this summer.

The programme will begin with yogi Cat Meffan who will be teaching a creative and dynamic yoga class at sunset on 13th June, 15th June, and 17th June. A global yoga teacher, blogger, and YouTuber, Cat's yoga classes are playful and dynamic, and guests will no doubt find their feet off the ground at one point or another.

Next up on the programme is Tai Chi Master Shanshan He who will be conducting her residency on 27th June, 29th June, and 1st July. Having found her passion for kung fu at the age of 7, Master Shanshan is a dedicated tai chi teacher who encourages her students to relax and find a harmonious balance in their lives through this traditional practice.

The summer wellness programme will draw to an end with local Maldivian yogi Shifana Mufeed who will be conducting two meditative yoga sessions on 5th July and 12th July. She is a renowned personal trainer and fitness instructor from the Maldives with extensive experience and knowledge in the field of health and wellness. Shifana considers yoga her true calling, and she combined her experience in group fitness with her yoga mastery by founding Ayoga Fitness, a boutique yoga centre in Male'.



About Coco Collection:

Coco Collection specialises in creating true boutique luxury on some of the most beautiful islands in the Maldives.

Since its launch in 2005, Coco Collection has crafted five-star destinations of different character and won awards for doing so with passionate flair. Each is a haven for lovers of travel and style. Each celebrates traditional Maldivian architecture and ambiance. But each offers a distinct and extraordinary reality.

www.cocollection.com

For further information please contact:

Ms. Malu Hilmy
Marketing Executive
Coco Collection Resorts : Hotels : Retreats
04th Floor, H. Moonlit Villa, Medhuziyaaraiy Magu
Malé 20079, Maldives

T: +960 334 4475

E: malu.hilmy@cocollection.com